# HEALTH OUTCOMES

| | Fair or Poor Health (self assessed) | 15+ days Mental Hlth not good | Obese (BMI >= 30) | Has Asthma | Has Diabetes | Has Heart Condition | Has Long COVID |
|---|---|---|---|---|---|---|---|
| **Overall** | 26.4% | 23.3% | 42.4% | 16.1% | 13.2% | 9.8% | 8.5% |
| **Background Characteristics Predictors** | | | | | | | |
| **Poverty** | | | | | | | |
| <=100% compared to >100% poverty level | 45.7% -- 20.9%*** | 32.9% -- 20.4%* | 54.5% --42.9%~ | 24.4% -- 13.6%* | 23.2% -- 10.1%** | 16.3% -- 7.8%* | 12.5% -- 7.3% |
| <=150% compared to >150% poverty level | 38.3% -- 18.2% *** | 30.6% -- 17.6%** | 53.8% -- 39.4%** | 22.0% -- 12.1%* | 18.4% -- 9.0%* | 13.1% -- 7.4%~ | 10.8% -- 6.9% |
| <=200% compared to >200% poverty level | 35.9% -- 14.9% *** | 29.5% -- 15.7%** | 47.9% -- 42.6% | 20.3% -- 10.8%* | 16.9% -- 8.4%* | 11.4% -- 7.7% | 11.2% -- 5.7%~ |
| **Race/Ethnicity** | | | | | | | |
| BLACK -- white | 27.8% -- 25.4% | 21.2% -- 22.0% | 47.6% -- 45.4% | 15.7% -- 18.6% | 13.9% -- 11.5% | 8.8% -- 10.9% | 6.7% -- 8.7% |
| LATINX -- white | 22.7% -- 25.4% | 21.4% -- 22.0% | 42.1% -- 45.4% | 4.8% -- 18.6%* | 16.7% -- 11.5% | 9.3% -- 10.9% | 11.6% -- 8.7% |
| OTHER -- white | 34.8% -- 25.4% | 50.0% -- 22.0%** | 40.0% -- 45.4% | 18.2% -- 18.6% | 18.2% -- 11.5% | 4.8% -- 10.9% | 9.5% -- 8.7% |
| **AGE** | | | | | | | |
| 18-34 -- 35-59 | 22.6% -- 27.3% | 30.5% -- 11.5% ** | 31.3% -- 55.1% *** | 18.1% -- 14.1% | 5.0% -- 15.3%** | 6.0% -- 8.9% | 8.6% -- 8.9% |
| 18-34 -- 60+ | 22.6% --31.7% | 30.5% -- 22.1% | 31.3% -- 39.3% | 18.1% -- 19.0% | 5.0% -- 20.3%** | 6.0% -- 19.6%* | 8.6% -- 7.0% |
| 35-59 -- 60+ | 27.3% -- 31.7% | 22.1% -- 11.5%~ | 55.1% -- 39.3%* | 14.1% -- 19.0% | 15.3% -- 20.3% | 8.9% -- 19.6%* | 8.9% -- 7.0% |
| **Education** | | | | | | | |
| High school or less -- Some College/AA | 31.3% -- 27.6% | 26.5% -- 17.7%~ | 44.9% -- 50.0% | 16.2% -- 20.8% | 14.0% -- 12.9% | 10.8% -- 9.8% | 7.6% -- 11.8% |
| High school or less --BA degree or more | 31.3% -- 9.5%*** | 26.5% -- 22.2% | 44.9% -- 41.0% | 16.2% -- 9.5% | 14.0% -- 11.3% | 10.8% -- 6.3% | 7.6% -- 6.5% |
| Some College/AA --BA degree or more | 27.6% -- 9.5%** | 17.7% -- 22.2% | 50.0% -- 41.0% | 20.8% -- 9.5% | 12.9% -- 11.3% | 9.8% -- 6.3% | 11.8% -- 6.5% |
| **Gender** | | | | | | | |
| Female -- Male | 26.8% -- 24.1% | 27.4% -- 18.5%* | 49.7% -- 41.1%~ | 20.3% -- 11.8%* | 12.0% -- 14.5% | 7.1% -- 13.3%~ | 8.6% -- 8.3% |
| **Housing** | | | | | | | |
| Own -- Rent | 12.5% -- 36.2%*** | 12.2% -- 31.6%*** | 43.3% -- 47.1% | 12.0% -- 18.3% | 10.8% -- 14.5% | 7.9% -- 10.9% | 7.9% -- 9.6% |
| Live in Pottstown 10 yrs or less -- 11+ yrs | 30.2% -- 23.2% | 31.8% -- 15.2%*** | 36.2% -- 54.5%** | 16.8% -- 15.4% | 12.3% -- 13.5% | 9.1% -- 10.3% | 5.9% -- 10.9% |
| **Disabilities** | | | | | | | |
| none -- 1 | 17.8% -- 42.9%*** | 14.8% -- 43.8%*** | 40.0% -- 55.9%* | 13.5% -- 18.8% | 11.4% -- 16.9% | 6.7% -- 11.8% | 7.0% -- 10.3% |
| none -- 2 or more | 17.8% -- 70.4%*** | 14.8% -- 53.8% | 40.0% -- 69.2% | 13.5% -- 37.0%** | 11.4% -- 22.2% | 6.7% -- 34.6%*** | 7.0% -- 18.5%~ |
| 1 --2 or more | 42.9% -- 70.4%** | 43.8% -- 53.8% | 55.9% -- 69.2% | 18.8% -- 37.0%~ | 16.9% -- 22.2% | 11.8% -- 34.6% | 10.3% -- 18.5% |
| **Insurance (ages 18-64 only)** | | | | | | | |
| Partial or no insurance -- Insured 12 mths in past year | 20.9% -- 26.8% | 16.3% -- 25.7% | 35.9% -- 49.0% | 9.5% -- 17.1% | 18.6% -- 11.9% | 7.1% -- 8.0% | 4.7% -- 9.7% |

~ = marginal significance (p > .05 and < .10)
* p < .05 (significant)
** p<.01 (highly significant)
*** p<.001 (very highly significant)

# HEALTH ACCESS

| | Did not have routine health care exam in past year | Did not have dental exam in past year | One or more ER visits in past year | Usual place of care-Other (Urgent Care, drug store clinic, ER, etc.) - NOT doctor's office or health clinic |
|---|---|---|---|---|
| **Overall** | 28.7% | 40.3% | 34.3% | 20.9 |
| **Background Characteristics Predictors** | | | | |
| **Poverty** | | | | |
| <=100% compared to >100% poverty level (poor) | 26.0% -- 31.0% | 55.7% -- 39.2%** | 57.3% -- 28.2%*** | 32.1% -- 30.4% |
| <=150% compared to >150% poverty level (poor+near poor) | 28.3% -- 31.0% | 50.3% -- 37.7%* | 49.0% -- 24.2%*** | 34.0 -- 28.5% |
| <=200% compared to >200% poverty level (low income) | 29.9% -- 30.3% | 46.4% -- 38.7%~ | 45.5% -- 21.4%*** | 32.5% -- 28.6% |
| **Race/Ethnicity** | | | | |
| BLACK -- white | 26.0% -- 33.1% | 40.2% -- 46.6% | 40.7% -- 30.3%~ | 27.9 -- 30.8% |
| LATINX -- white | 32.6% -- 33.1% | 50.0% -- 40.2% | 34.9% -- 30.3% | 30.2% -- 30.8% |
| OTHER -- white | 22.7% -- 33.1% | 31.6% -- 40.2% | 45.5% -- 30.3% | 45.5% -- 30.8% |
| **AGE** | | | | |
| 18-34 -- 35-59 | 37.3% -- 30.7% | 40.0% -- 43.0% | 36.4% -- 35.1% | 42.2% -- 27.5%** |
| 18-34 -- 60+ | 37.3% -- 13.8%** | 40.0% -- 48.2% | 36.4% -- 32.2% | 45.2% -- 15.8%*** |
| 35-59 -- 60+ | 30.7% -- 13.8%* | 43.0% -- 48.2% | 35.1% -- 32.2% | 27.5% -- 15.8%~ |
| **Education** | | | | |
| High school or less -- Some College/AA | 31.6% -- 26.9% | 48.4% -- 39.8% | 34.8% -- 40.8% | 29.0% -- 34.3% |
| High school or less --BA degree or more | 31.6% -- 29.0% | 48.4% -- 32.3%* | 34.8% -- 25.4% | 29.0% -- 30.2% |
| Some College/AA --BA degree or more | 26.9% -- 29.0% | 39.8% -- 32.3% | 40.8% -- 25.4%~ | 34.3% -- 30.2% |
| **Gender** | | | | |
| Female -- Male | 27.2% -- 33.1% | 38.9% -- 47.8% | 34.2% -- 35.5% | 27.0% -- 34.9% |
| **Housing** | | | | |
| Own -- Rent | 29.1% -- 32.3% | 32.1% -- 49.2%** | 22.4% -- 44.0%*** | 27.5% -- 34.0% |
| Live in Pottstown 10 yrs or less -- 11+ yrs | 34.5% -- 25.5%~ | 43.7% -- 42.4% | 38.0% -- 31.9% | 37.9% -- 24.3%** |
| **Disabilities** | | | | |
| none -- 1 | 32.3% -- 24.6% | 39.2% - 50.0% | 26.3% -- 55.7%*** | 30.2% -- 27.7% |
| none -- 2 or more | 32.3% -- 23.1% | 39.2% -- 61.5%* | 26.3% -- 63.0%*** | 30.2% -- 42.9% |
| 1 --2 or more | 24.6% -- 23.1% | 50.0% -- 61.5% | 55.7% -- 63.0% | 27.7% -- 42.9% |
| **Insurance (ages 18-64 only)** | | | | |
| Partial or no insurance -- Insured 12 mths in past year | 56.1% -- 27.4%*** | 64.3% -- 38.1%** | 20.9% -- 36.5%~ | 53.5% -- 29.3%** |

~ = marginal significance (p > .05 and < .10)
\* p < .05 (significant)
\** p<.01 (highly significant)
\*** p<.001 (very highly significant)

# HEALTH BEHAVIORS

| | <3 Servings per day of fruits/veg | Exercise < 3x a week for 30 min | Rarely/Never visit park or rec. ctr. |
|---|---|---|---|
| **Overall** | 64.3% | 30.9% | 40.6% |
| **Background Characteristics Predictors** | | | |
| **Poverty** | | | |
| <=100% compared to >100% poverty level | 74.4% -- 62.7%* | 40.2% -- 30.3%* | 35.4% --42.49% |
| <=150% compared to >150% poverty level | 64.5% -- 65.7% | 38.7% -- 28.0%* | 39.7% -- 42.1% |
| <=200% compared to >200% poverty level | 66.5% -- 63.5% | 38.2% -- 25.3%** | 38.7% -- 44.1% |
| **Race/Ethnicity** | | | |
| BLACK -- white | 57.4% -- 68.3%~ | 30.2% -- 34.8% | 43.1% -- 43.5% |
| LATINX -- white | 70.5% -- 68.3% | 27.9% --34.8% | 27.3% -- 43.5%* |
| OTHER -- white | 70.0% -- 68.3% | 33.3% -- 34.8% | 36.4% -- 43.5% |
| **AGE** | | | |
| 18-34 -- 35-59 | 66.0% -- 65.1% | 24.0% -- 32.5% | 33.3% -- 40.2% |
| 18-34 -- 60+ | 66.0% --64.9% | 24.0% -- 48.3%** | 33.3% -- 59.3%*** |
| 35-59 -- 60+ | 65.1% -- 64.9% | 32.5% -- 48.3%* | 40.2% -- 59.3%** |
| **Education** | | | |
| High school or less -- Some College/AA | 67.7% -- 68.4% | 32.0% -- 37.1% | 42.7% -- 39.4% |
| High school or less --BA degree or more | 67.7% -- 53.2%* | 32.0% -- 27.4% | 42.7% -- 38.1% |
| Some College/AA --BA degree or more | 68.4% -- 53.2%* | 37.1% -- 27.4% | 39.4% -- 38.1% |
| **Gender** | | | |
| Female -- Male | 64.4% -- 66.5% | 33.2% -- 32.0% | 41.0% -- 41.3% |
| **Housing** | | | |
| Own -- Rent | 62.9% -- 65.5% | 32.4% -- 33.3% | 38.3% -- 41.1% |
| Live in Pottstown 10 yrs or less -- 11+ yrs | 65.7% -- 65.1% | 27.9% -- 37.3%~ | 39.8% -- 42.3% |
| **Disabilities** | | | |
| none -- 1 | 65.6% -- 58.0% | 30.2% -- 28.4% | 41.4% -- 33.3% |
| none -- 2 or more | 65.6% -- 78.6% | 30.2% -- 66.7%*** | 41.4% -- 55.6% |
| 1 --2 or more | 58.0% -- 78.6%* | 28.4% -- 66.7%*** | 33.3% -- 55.6%* |
| **Insurance (ages 18-64 only)** | | | |
| Partial or no insurance -- Insured 12 mths in past year | 55.5% -- 66.4% | 20.5% -- 31.9%~ | 32.6% -- 39.1% |

~ = marginal significance (p > .05 and < .10)
* p < .05 (significant)
** p<.01 (highly significant)
*** p<.001 (very highly significant)

# COMMUNITY PERCEPTIONS

| | Rarely or Never Feel Safe in Community | Unsatisfied with Quality of Life in Local Community | Difficult to Get Help from Neighbors if Need | Experience of Discrimination in 1+ Situations |
|---|---|---|---|---|
| **Overall** | 45.1% | 66.2% | 34.2% | 45.1% |
| **Background Characteristics Predictors** | | | | |
| **Poverty** | | | | |
| <=100% compared to >100% poverty level | 21.4% -- 12.9%~ | 32.5% -- 20.4%* | 47.0% -- 30.7%** | 63.9% -- 40.8%*** |
| <=150% compared to >150% poverty level | 20.8% -- 10.6%* | 30.2% -- 14.4%** | 40.9% -- 29.7%* | 61.8% -- 34.5%*** |
| <=150% compared to >150% poverty level | 18.2% -- 10.6%~ | 69.8% -- 85.6%*** | 40.1% -- 26.9%* | 57.1% -- 32.5%*** |
| **Race/Ethnicity** | | | | |
| BLACK -- white | 14.5% -- 15.6%% | 27.3% -- 21.4% | 31.5% -- 37.4% | 70.6% -- 27.9%*** |
| LATINX -- white | 14.0% -- 15.6% | 20.5% -- 21.4% | 27.9% -- 37.4% | 53.5% -- 27.9%** |
| OTHER -- white | 9.1% -- 15.6% | 26.1% -- 21.4% | 36.4% -- 37.4% | 66.7% -- 27.9%** |
| **AGE** | | | | |
| 18-34 -- 35-59 | 17.8% -- 15.4% | 18.5% -- 28.6%~ | 38.3% -- 35.2% | 51.0% -- 46.1% |
| 18-34 -- 60+ | 17.8% -- 6.8%~ | 18.5% -- 16.7% | 38.3% -- 23.7%~ | 51.0% -- 37.8% |
| 35-59 -- 60+ | 15.4% -- 6.8% | 28.6% -- 16.7%~ | 35.2% -- 23.7% | 46.1% -- 37.9% |
| **Education** | | | | |
| High school or less -- Some College/AA | 18.3% -- 12.2% | 24.9% - 23.5% | 36.3% -- 37.4% | 47.2% -- 52.0% |
| High school or less --BA degree or more | 18.3% -- 8.1%~ | 24.9% -- 19.0% | 36.3% -- 23.8%~ | 47.2% -- 33.9%~ |
| Some College/AA --BA degree or more | 12.2% -- 8.1% | 23.5% -- 19.0% | 37.4% -- 23.8%~ | 52.0% -- 33.9%* |
| **Gender** | | | | |
| Female -- Male | 15.8% -- 14.0% | 27.2% -- 19.2% | 34.2% -- 34.7% | 46.2% -- 46.2% |
| **Housing** | | | | |
| Own -- Rent | 7.0% -- 19.8%** | 18.8% -- 27.6%~ | 24.3% -- 43.3%*** | 26.8% -- 57.3%*** |
| Live in Pottstown 10 yrs or less -- 11+ yrs | 15.7% -- 13.8% | 22.1% -- 24.2% | 36.6% -- 32.1% | 42.9% -- 49.2% |
| **Disabilities** | | | | |
| none -- 1 | 10.6% -- 30.0%*** | 20.7% -- 31.9%~ | 29.8% -- 46.4%* | 41.2% -- 60.3%** |
| none -- 2 or more | 10.6% -- 17.9% | 20.7% -- 29.6% | 29.8% -- 48.1% | 41.2% -- 57.7% |
| 1 --2 or more | 30.0% -- 17.9% | 31.9% -- 29.6% | 46.4% -- 48.1% | 60.3% -- 57.7% |
| **Insurance (ages 18-64 only)** | | | | |
| Partial or no insurance -- Insured 12 mths in past year | 11.1% -- 16.2% | 20.0% -- 25.3% | 24.4% -- 37.9%~ | 47.6% -- 45.9% |

~ = marginal significance (p > .05 and < .10)

* p < .05 (significant)

** p<.01 (highly significant)

*** p<.001 (very highly significant)