



Penn State Better Kid Care, in partnership with the Pottstown Area Health & Wellness Foundation, developed two online professional development modules to address issues important to those teaching and caring for young children in the Pottstown area.



Adverse Childhood Experiences: Building Resilience

Children who experience adverse childhood experiences (ACEs) face an increased risk for social-emotional, physical, and mental health issues. ACEs include abuse, neglect, poverty, and other traumatic experiences encountered before the age of eighteen. This module promotes the awareness and understanding of trauma in young children and families and discusses the role of early care and education professionals in nurturing resilience in the children and families in their care who experience ACEs. (K3.5 C1, CDA3) 2 hours



Understanding Poverty: Strategies for Family Engagement

Although the number of young children who live in poverty decreased slightly in 2014, research shows that one in five children under the age of five lives in poverty and one in nine lives in extreme poverty. Awareness of issues related to poverty and use of effective communication strategies are essential for early care and education professionals to be able to build relationships with families and connect them to the supports they need. This module focuses on understanding poverty and practical strategies that can improve communication with families living in poverty. (K3.5 C2, CDA4) 2 hours

Visit the Better Kid Care On Demand page: extension.psu.edu/youth/betterkidcare/on-demand for more information and to get started!

The content of both modules is available at no cost. If you need professional development (PQAS) hours, Act 48 and/or CEUs, there is a \$5.00/module fee. Each module provides 2 hours of professional development credit.