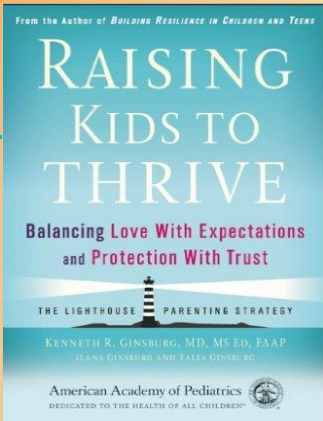


DR. KEN GINSBURG M.D., M.S. ED  
ON THE TOPIC OF  
RAISING CHILDREN WHO ARE PREPARED TO THRIVE

FEBRUARY 18, 2016 (6:30-8:30 PM)  
POTTSGROVE MIDDLE SCHOOL AUDITORIUM



Dr. Ginsburg delivers an engaging, can't miss, must-have talk that is authentic, practical, and supportive to parents – or anyone working with children and teens. He will teach parents a comprehensive coping strategy to help children make wiser choices.

This talk is an overview of the Seven C's Model of Resilience. It focuses on communication strategies that position parents to be unwavering positive forces in their children's lives. Parents will leave the session better prepared to:

Participants will also learn how to:

- Build confidence in their children
- Notice and reinforce their children's competence
- Foster the vital connection between parents and children
- Develop character and a sense of contribution in their children
- Develop those critical coping strategies that will help their children thrive even through difficult times
- Help their children and teens gain control by learning that the privileges they earn are linked to the responsibility they demonstrate.
- Help their children focus on how to contribute to the well-being of others.

Location: 1351 N. Hanover Street, Pottstown, PA  
Register at [www.pottsgrovelovesparents.eventbrite.com](http://www.pottsgrovelovesparents.eventbrite.com)  
or contact [swaldman@pottstownfoundation.org](mailto:swaldman@pottstownfoundation.org) (610-323-2006 x23)  
Snowdate: 2/24/16



## FOSTERING RESILIENCE

*Kenneth Ginsburg, M.D., is a pediatrician specializing in Adolescent Medicine at The Children's Hospital of Philadelphia and a Professor of Pediatrics at the University Of Pennsylvania School Of Medicine. He also serves as Director of Health Services at Covenant House Pennsylvania, an agency that serves Philadelphia's homeless and marginalized youth.*

*He developed the Teen-Centered Method, an approach that enables youth to generate, prioritize, and explain their own ideas. Dr. Ginsburg has more than 90 publications, including 25 original research articles, clinical*

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